

There has been a significant amount of misinformation published about ecigarettes, with many opposed to them suggesting that ‘we do not know enough about what is in them’. This is simply not the case: electronic cigarettes have been subjected to a variety of tests around the world, and respected public health physicians believe they are up to **99.9% safer than tobacco cigarettes.**

So either smokers can burn tobacco cigarettes and inhale the by-products of combusting 4000+ known carcinogenic compounds, or they can inhale the vapour produced by heating a liquid containing a base of propylene glycol and/or vegetable glycerine, nicotine – at levels comparable to those found in tobacco cigarettes or NRT products – and some flavourings. **In a like-for-like comparison between electronic cigarettes and tobacco cigarettes, it is obvious which is the safer option.**

To find out more visit:

www.eccauk.org

www.ecita.org.uk

www.casaa.org

camvip.webs.com

ukvapers.com

allaboute-cigarettes.proboards.com

e-cig-reviews.com

www.e-cigarette-forum.com

Electronic cigarettes

The Facts and the Fiction

